



How to make a Tree Journal from recycled materials

List of Materials

12 sheets A4 scrap paper (with at least one side blank)
cardboard (e.g. from cereal packet)
brown paper bag
paper glue
1 x stick approx. pencil width and 12-15cm long
1 x small stick/pine cone/acorn to use as toggle
garden twine
scissors
ruler and pencil

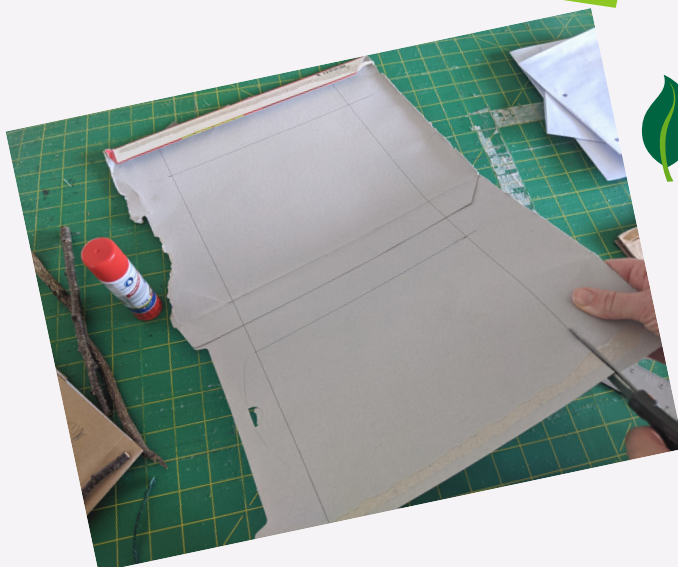


Step 1

Make your pages by sticking together the A4 sheets, making sure blank sides are on the outside. Fold them in half, and punch two holes along the fold line, making sure they are correctly centred

Step 2

To make the cover, measure 2 rectangles in your card 21.5 cm x 17cm. Cut out.
To flatten out the bag, cut off 2 sides and the handles. Cut out a long rectangle 21.5 cm x at least 40cm.



OPW

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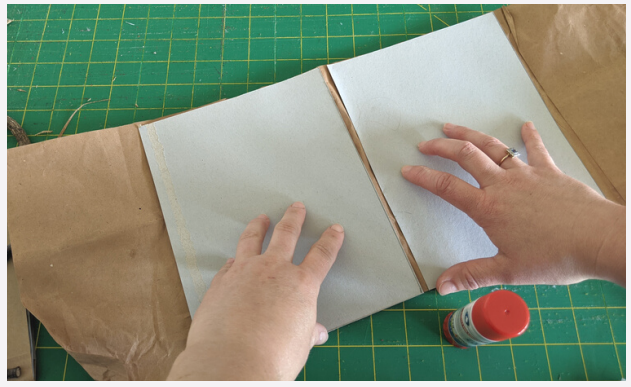


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Step 3

Fold your brown paper in half lengthwise and stick the cardboard rectangles either side of the fold, leaving approx. 0.5cm between them. Fold over the surplus brown paper, and glue the right side in place, leave the left side unglued for the moment.

Close your cover and punch two holes along the folded edge, making sure they are correctly centred.



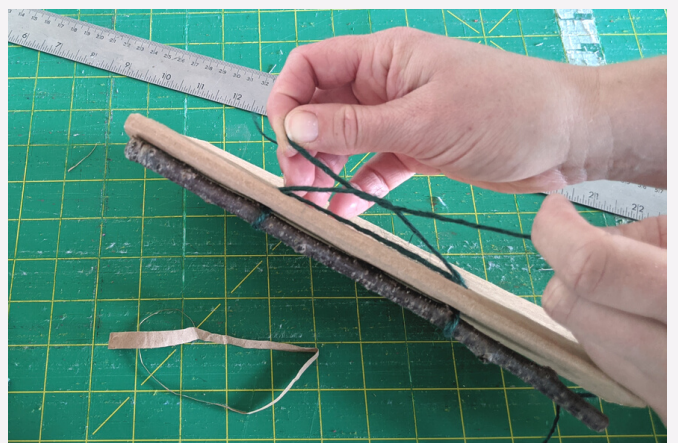
Step 4

Now its time to bind your journal! Cut a piece of twine 50cm long. A third of the way along make a loop. This is going to hold your stick in place. Start feeding the loop through your journal. Start at the back, first through the back cover, pages and then the front cover. Make another loop a third of the way from the other end of the string and do the same through the other hole.



Step 5

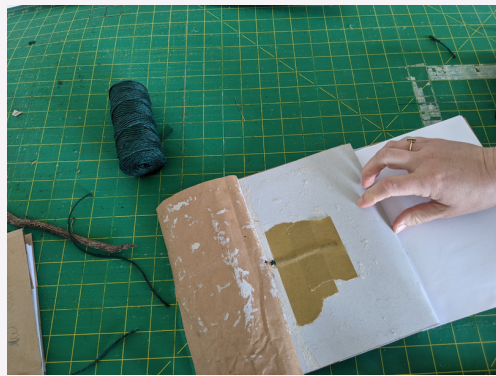
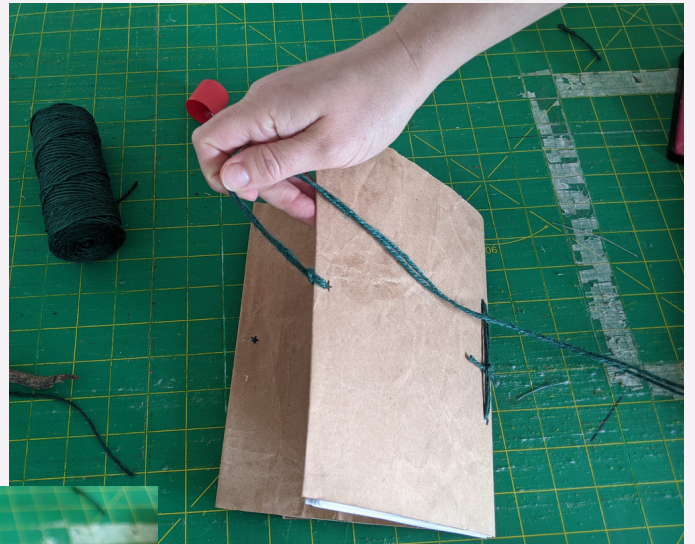
Then feed your long stick through the two loops. Pull tight and tie the string at the back



Step 6

To make your toggle, first measure the halfway point along the long edge of your journal and punch a hole in each cover.

On the back page feed a 100cm long piece of string through the hole and secure through a loop.



Step 7

To make the toggle, cut another piece of twine approx 30cm long and tie it around your small twig/acorn etc. Depending on the shape of this object it may need to be glued. Feed the ends of the twine through the hole in the front cover, and tape down securely into the cardboard before glueing down the brown paper flap.

Step 8

The twine from the back can now be wound around your journal and toggled to keep it secure!

